

Jordan Fish Cross Country Open

**2016 ACAC Running Room Grand Prix #2
Saucony Run Alberta Cross Country Series #2
September 17, 2016**

Hosted by SAIT Polytechnic & St. Mary's University

Tournament Package



**alberta colleges
athletic conference**



Jordan Fish Cross Country Open

Canmore Park, CALGARY, ALBERTA

ACAC Cross Country Running Grand Prix #2

Saucony Run Alberta Cross Country Series #2

Saturday, September 17, 2016

Jordan Fish

In 2015 SAIT renamed its annual Cross Country race to the Jordan Fish Cross Country Open. Jordan suddenly passed away on January 4, 2015. Jordan Fish was a member of the SAIT Trojans Cross Country and Track teams from 2012 and 2013. With his kindness, sense of humour and infectious personality he quickly became good friends with everyone on the team. Jordan was exactly the kind of guy to build a team around. He worked extremely hard in practice and drove others to do the same. He was always happy and joking around which kept things light and fun for everyone. XC running is unique for running in that it is about the team first. Jordan always gave 110% in racing as he not only didn't want let himself down but didn't want to let the team down. People see that sort of dedication and they do the same. The SAIT Trojans define a Trojan as a SAIT Student Athlete with courage, determination and a fighting spirit. There is nobody that exhibited those attributes more than Jordan.

Distances and Starting Times:

Pee Wee Girls and Boys (11 and under)	1Km	10:45 am
Bantam (Age 12 & 13) & Midget (Age 14-15)		
Girls and Boys	2Km	11:00 am
ACAC Women/Open:	5km	12:00 pm
ACAC Men/Open:	8km	1:00 pm

**Ages as of December 31, 2016

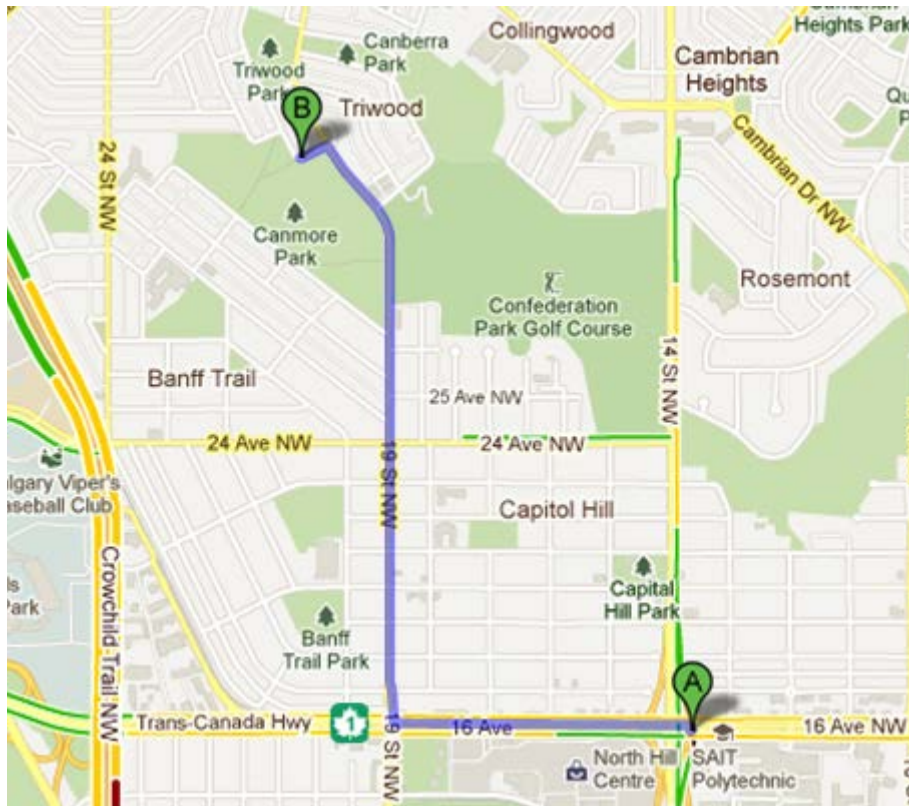
Go to the Athletics Alberta and/or Running Solutions website for more details on the **Saucony Run Alberta Cross Country Series**.

<https://www.athleticsalberta.com/saucony-run-alberta-xc-series/>

Registration will take place beside the tennis courts off of Chicoutimi Drive N.W. beginning at 9:30 am. Change and shower facilities are available at the SAIT Campus Center Wellness Center. There are bathrooms at Canmore Park but they are limited. If you require access to the shower facilities please contact Jamie Grant (Jamie.grantxc@gmail.com) ahead of time.

Directions

- From Hwy 2/Deerfoot Trail turn west on on 16th Ave
- Turn right (north) onto 19th St NW
- Turn left onto Chicoutimi Drive NW



Parking is available beside registration in a small parking lot or in residential.

Additional parking is available just off of 19th street, north of the Anglican Church of Canada.

Course: *The 2015 Jordan Fish XC Open course will be 8km for the men and 5km for the women. The course is undulating grass with two hills per 2km loop and one hill on the 1km loop. There are multiple places where runners will have to cross paved pathways. The course will be well marked and flagged with red flags on the left and yellow flags on the right.*

There may be some changes to the course this year. A map will be posted/emailed the week before the race.

Entry fees: \$6.00 if registered by Wednesday September 14 at 5pm, \$10.00 day of Race

\$3.00 for Pee Wee, Bantam and Midget Races

Schools/clubs can enter as many athletes as they wish per race for \$50, maximum of \$100 total for all races.

Please pay day of the race or SAIT will invoice ACAC schools if desired.

Registration:

Entries can be completed using the excel form and e-mailed to Jamie Grant at Jamie.grantxc@gmail.com by *Wednesday, September 14th, 2016* at 5pm.

