
The Golden Bear's & Panda's Cross Country Running Alumni Foundation - In Conjunction with the University of Alberta Bears & Panda's XC and Track & Field Programs are please to host:

2017 STEWART MEMORIAL CROSS COUNTRY CUP
Saturday, October 28th 2017

LOCATION:

Goldbar Park, Edmonton. Plenty of parking on site for cars/vans/busses.

Directions: Drive North on 50th Street NW towards the North Saskatchewan River, and turn East onto Gold Bar Park Road. Follow GoldBar Park Road the full way until you arrive at the main parking lot where the park shelter is located immediately beside the roadway.

FACILITIES:

Edmonton's Goldbar Park has washroom & changing facilities on site. There are also 1-2 constructed covered picnic areas. However, teams are encouraged to bring their own tents for weather purposes.

COURSE:

Goldbar Park is primarily a grass park with dirt/chipped paths, rolling hills, and some flat sections. In addition, the connected trail system will be used as part of the course; this consists of packed dirt & gravel with rolling hills, some significant in steepness. Teams should be prepared for the navigation of hay bails on the competition course during race day.

A course map will be available the day prior to competition. Women will run 2 x 4km Loops. Men will run 1 x 2km Loop + 2 x 4km Loops.

AGE CATEGORY	YEAR OF BIRTH	RACE DISTANCE	RACE START TIME
G&G Community Race	OPEN	6,000m	11:00am
University/ Open Women	2000 & Earlier	8,000m	12:00pm
University/ Open Men	2000 & Earlier	10,000m	13:00pm

ENTRY FEES:

Entry Fee's for all participants are \$10.00/participant prior to the late entry deadline. Late entries will be charged \$25.00. Canada West Coaches can contact Head Coach Sean Baynton for an entry fee reciprocity code.

All Entries submitted through Trackie.ca via the following link;

<http://www.trackiereg.com/stewartcup2017>

Entry Deadline: Monday October 23rd, 2017 - midnight

Late Entry Deadline: Thursday October 26th, 2017 - midnight

Entry Contact:

Sean Baynton

Email: sean.baynton@ualberta.ca

Telephone: 780-492-4125

SCRATCHES:

We ask that all scratches be submitted to us as soon as possible prior to the start of each race. If an athlete is not able to finish the competition, coaches are asked to notify the timing crew at the finish line as soon as possible.

AWARDS:

STEWART CUP MEMORIAL (University & Alumni Teams):

- Top 5 runners score per team
- Stewart Cup awarded to best overall team result between University of Alberta and University of Calgary
- Scoring : 1st place scores 1 point, 2nd place scores 2 points, etc. Lowest total wins.

RESULTS:

Unofficial results will be posted immediately after each race within the Pavilion building. Official results will be posted on the Internet & emailed to Head Coaches of teams in attendance by October 31st 2017.

MEDICAL:

University of Alberta Athletic Therapy will be on site.

SHOWER & CHANGEROOM FACILITIES:

Change room facilities are not located onsite within the park pavilion. Those wishing to travel back to the University of Alberta may use the shower & change facilities located within the basement of the Van Vliet building (Butterdome Building). Towels will not be provided; you must bring your own or can rent one for a fee.